Sheyda Rashidi

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Professional Summary

I am an innovation consultant and a co-creation facilitator with a background in communication design. My practice involves designing the "scaffolds" or the processes and the tools for co-creation that unite and mobilize communities and ecosystems, including project partners and stakeholders, policymakers, experts, and individuals with lived experience, empowering them to collectively envision and create their desired future. The outcomes of my projects range from services, digital products, programs, workshops, and policy and/or strategies.

EXPERIENCE

Freelance, Vancouver Mar 2025 - Present

Designer

• Interaction Design and Communication Design projects, including AstroMunch package design.

Health Innovation Hub, Ministry of Health In-house consultancy, BC, Vancouver Service Designer, Collaboration Specialist

Nov 2023 - Feb 2025

- Managed multiple innovation projects from discovery to completion. Introduced design thinking, systems thinking and human-centric methodologies to ministry projects, fostering a culture of innovation and collaboration.
- Facilitated **co-creation sessions** and including **current state analysis** and **future state ideation** using design thinking methods such as **journey mapping**, **user personas**, **service blueprints**, **mood boards**, **storyboards**, **system mapping** and etc. to collect data and generate actionable insights.
- Championed and introduced relational and reflective practices, building trust among stakeholders and addressing relational challenges that become roadblocks to projects' success.
- Designed engaging **infographics** and **presentations** that enabled shared understanding of abstract concepts and innovation processes.
- Supported branch planning and defining OKRs for the innovation hub's service delivery.

Cultivating Reciprocity , Vancouver

Apr 2022 - Sept 2023

Researcher, Community Engagement Specialist

- **Facilitated co-creation workshops** and collaborative sessions, bringing together students, faculty, and staff to envision and build a shared community garden.
- Developed and maintained an evolving organizational structure to support sustained reciprocity and **inclusive governance** among diverse campus participants.
- Employed reframing techniques and systems-thinking facilitation to **shift perspectives from competition to collaboration**, enabling a multi-departmental cooperative model.

BIPOC Foundation / ISM Arts & Culture , Vancouver

Apr 2023 - Aug 2023

Community Engagement Specialist

- Developed community engagement strategies rooted in the BIPOC entrepreneurs' lived experience, aligning program BIPOC services with systemic equity goals.
- Built reciprocal, trust-based network of partners with community organizations, creating mutually beneficial collaborations that supported grant outreach efforts, educational programming, and capacity building.
- Designed communication and marketing strategies, adjusting brand mission, vision, the tone of voice and visual identity.
- Conducted UX research and co-created solutions for arts and culture programs.

Design Researcher, Designer

- Developed **participatory action-research project plans** to conduct **system and service analysis** for food businesses. Created new **context-tailored co-creation tools** (or adapting existing ones such as **journey mapping, surveys, interviews, fly-on-the-wall**, and etc.) to capture participant insights.
- Co-developed ideas for interventions and **facilitated on-site idea testing and prototyping**, and documented participants' experiences and journeys.
- Managed end-to-end planning and logistics for stakeholder engagement sessions, including stakeholder outreach, session facilitation, and risk assessment, to ensure effective and safe execution of on-site and hybrid activities.
- Documented learning outcomes through visual representations of complex topics, storytelling and academic writing.

Carno Studio - Ad Agency

Feb 2020 - Apr 2021

Graphic Designer

- Designed branding and advertising print material
- Designed social media campaigns and content, enhancing engagement through strategic visual communication

Achievements

- Agile nicotine strategy aiming to keep up with industry innovations and center equity deserving and indigenous communities: I designed the first MoH "ecosystem transformation" process plan that mobilized the partners to co-create the new strategy while enabling systemic transformation through the collaboration.
- Identified innovation opportunities for annual branch plan and OKRs. Includes the "building bridges" program, aiming to find overlaps between MoH team's portfolio's and mandates to find opportunities for collaboration and collective impact and connecting teams that were otherwise unaware of linkage between portfolios.
- Designed and facilitated **capacity-building programs** for MoH staff, including the **"Unstuck Studio."**This initiative aimed to empower employees to self-reflect, adopt relational strategies for navigating "hard conversations", and practice inclusion and empathy to dismantle rigid barriers.

EDUCATION

Emily Carr University of Art + Design, Vancouver

2023

Interdisciplinary Master of Design - Systemic design and Social and Environmental Innovation

Art University of Tehran, Tehran

2019

Bachelor of Communication Design

Skills

Soft Skills

- Strategic and analytical thinking
- Workshop facilitation
- Stakeholder engagement
- Participatory action research
- Creative problem-solving

Hard Skills

- MS Suite
- Adobe illustrator , photoshop, indesign
- Miro and Mural
- Figma